**Quarterly Report** 

VOLUME 40 NUMBER 2 2023

### The Value of What You Do

hile your gifts to nonprofits and charitable organizations including Society of St.

Andrew are priceless, you can attach a dollar value to your impact.

In fact, by working together, pooling resources, and collaborating on community-wide solutions, your gifts are multiplied. More food can be shared in more places, and the dollar value of that impact is staggering!

Every pound of food donated to an agency at no cost to them frees up agency funds to meet the critical, often urgent needs of their clients. In the aftermath of disaster, a Kentucky

woman shared her gratitude about receiving food through SoSA's network of partners. The donated food helped offset her monthly expenses—which was crucial as she rebuilt her home and life, after a recent tornado.

In disaster-relief efforts for states like Mississippi and Alabama too, your gifts make it possible for easy-to-eat and easy-to-store foods like bananas to be distributed where food. electricity, and infrastructure are in short supply.

Even beyond natural disasters, you make an impact on the many families doing their best just to make ends meet at the end of each month. As the pandemic peaked, the government increased SNAP benefits (food stamps) in response to astronomical expense hikes on everyday items. However, this year, SNAP benefits returned to their pre-pandemic levels.

This becomes especially complicated as inflation rises and expenses still exceed resources for millions of people. Those struggling to get by feel like their

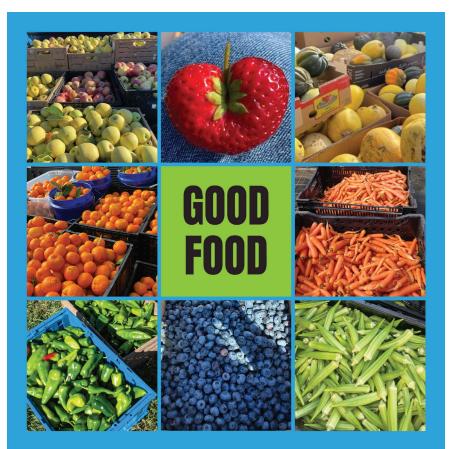
troubles are compounded and many more now find it difficult to consistently access good food for everyone in their house, every month.

No matter where you stand, it's plain to see many grocery store prices have risen to new heights! Even the most thrifty and frugal individuals feel a pinch of pain in their budgets. For the 1 in 10 Americans who already lacked reliable access to an adequate supply of food, times have grown more bleak.

Which is why your work in the mission to end hunger—to prevent waste—has never been more important!

Your continued support ensures families who have feel the increased pressure and fear for tomorrow can also find some measure of hope in the form of fresh fruits and vegetables, picked by hand, and delivered as quickly as possible.

Rather than on an empty stomach, you make it possible for many people to navigate unpredictable times with food in their stomachs. Thank you for helping so many families who might otherwise go without.





# Fresh food saved and shared with hungry people

Nourishing Food Recovered	. 4,004,760 lbs
Servings of Fresh Food Provided	16,019,040
Events	642
Volunteers	3,630
Farms/Providers	155
Distributing Agencies	590



### **What's Your Next Step?**

ou can take an active role—giving, serving, learning, or leading—in ending hunger, right now, right where you are! SoSA would love to help equip and encourage you as you take your next step.

Opportunities abound. Both through SoSA's network and through one of the many groups, congregations, organizations, and ministries around you.

The need exists and your participation in any way can create a ripple effect of positive change. It's often the case when we learn how great a need around us is (and how simple the solutions can be), that we become eager to get involved and make a difference.

However, taking the next step can be a stumbling block for so many. Maybe even you... If you've ever asked yourself, "What do I do next?" or "How can I get involved in my local community?" or "Where do I start?" Then, you should know you're not alone. Let your friends at SoSA help you navigate this common tripping hazard.

Whatever your interest, whether it's raising awareness, educating others, sharing solutions, or doing hands-on tasks,

there's a way you can get involved today.

There's a section on the SoSA website called "Lead," that includes projects, downloads, and activities designed to support you as a leader, in your area. We would love to direct you to the many SoSA resources available, as well as to some of the many local-level partners and organizations, in your own backyard.

By serving as a leader in your community, you bring our country closer to the goal of ending hunger in our own backyards. Leadership projects and positions allow you to apply your firsthand experience, knowledge, and personal touch to bringing people together and sharing good food where it's needed most.

Successful leadership is not measured by a leader's own achievements, but rather by the growth and development of those around them.

Once you've had a chance to look at the available projects, send us a message! SoSA staffers would love to hear from you and support you in your journey.

Learn more at: EndHunger.org/lead

### **A Mindset of Abundance**

classes are proven to be effective ways to engage young people, instill important values, and empower the next generation. To help you put this into practice, SoSA created and shares its free Vacation Bible School curriculum—two years (5 sessions each) of hunger-focused lessons and activities.

The lessons and guides in these resources align with a mindset shared by so many active SoSA supporters: a mindset focused on serving others and sharing abundance.

Shared values and education have been core facets of SoSA's identity since its founding in 1979. The founding families committed to demonstrating simpler living in their own lives, often led workshops across Virginia to share what they learned, from firsthand experience.

They spoke about and taught participants a variety of topics ranging from environmental stewardship to healthy lifestyle choices, to spiritual principles related to generosity, hospitality, and compassion.

That faith-based community founded so many years ago has grown into a national, ecumenical, and interfaith movement. Individuals from diverse religious, spiritual, and nonaffiliated backgrounds now routinely

come together to harvest and share healthy food and build caring communities. They are guided by many unique and highly personal motivations but they are united by their shared belief in the critical importance of serving others and sharing abundance.

By using SoSA's VBS curriculum today, you too can share information on these topics with your group!

These materials are made available at no cost to those who order printed copies or download electronic versions online. In addition to the topics listed above, the goals are to raise awareness of SoSA's mission and purpose; to invite new congregations and faith partners into active service to their neighbors in need; and to raise funds to cover the costs of rescuing and distributing fresh food through SoSA's network.

Whether you've supported the mission to end hunger for years or only just learned how you can get involved you're invited to use SoSA's free vacation Bible school curriculum to introduce your young people to life-changing values as well as the social justice issues impacting access to food for millions of families.



The props and visual aids below were made by volunteers at a church in Virginia. They created different sets for each day of their program.







Find resources to craft VBS set pieces like these on our Pinterest VBS board:

www.pinterest.com/endhungerusa

# Seeing The Bigger PICTURE

# Harvest of Hope

Hands-On Service/Study Events

SoSA's earliest years, before there was a gleaning network, a Virginia pastor suggested a service learning program for SoSA. In this program, participants would live as an intentional community, praying, eating, and worshipping together. They'd glean in fields each morning and learn about the root causes (and effects) of hunger in the evenings. They'd explore what the Bible says about caring for the earth and caring for people in need. And they'd even make a pledge and plan to address hunger needs in their own community once they returned home.

Over the ensuing decades Harvest of Hope (HoH), this mission workcamp experience, introduced tens of thousands of young people, youth leaders, and family groups to gleaning, reducing food waste, and making a difference in simple ways every day.

Volunteers, board members, and even staff members today count their Harvest of Hope experience from as much as 30 years ago as being deeply life changing. For many it set the course for their life's work.

Today, Harvest of Hope is a one-ofa-kind holistic program that merges personal growth, instruction, and the daily rescuing of good food. (And it's designed for people of all ages!)

HoH participants learn to see the bigger picture; where they fit into the community at large; and what they have available to make a difference where it's needed most.

This dedicated time, outside of participants' comfort routines, invites participants to spend their mental focus and physical energy on something that matters. They will learn to see problems as opportunities, and solutions as daily steps they can take to make the world a better place.

In addition to food waste and hunger, they'll be introduced to broader social justice concepts like equitable access. They will also examine detailed, location specific data related to food access and insecurity for their own home town. Conversations will also be intentionally devoted to the many environmental and health-related benefits of preventing waste and using food for its highest purpose.

Service learning—the Harvest of Hope way—combines hands-on experience and classroom education to explore causes, effects, and solutions. Each day begins with hands-on activities (like field gleaning), includes educational exercises, and simulations, and ends with nightly worship.

To be inclusive of different faiths, we offer a build-your-own option too! This allows anyone to partner directly with SoSA's Harvest of Hope Director to create a customized trip, tailored to their group.

Participants develop stronger critical thinking and problem-solving skills and learn to work effectively with others. Group activities encourage participants to see the needs of others, live simply, and open their minds to the abundance around them.

This combination of learning, doing, and reflecting provides a 360° perspective on the twin problems of food waste and hunger. Most participants' key memories involve a firsthand experience that opened their eyes to the breadth of the issues, the struggle that exists in their own neighborhoods, and the abundance of solutions all around. ■

The pictures in this section come from many different groups, spread across multiple states, and multiple years. However, each group was similar in their passion and enthusiasm for growing, serving, and learning- as well as a pledge to bring what they learned back to help their communities and hometowns.















### Harvest of Hope

Hands-On Service/Study Events

# YOU'RE INVITED TO ATTEND AN UPCOMING HARVEST OF HOPE MISSION TRIP

We encourage you to:

- Determine if these are causes you're passionate about! When you care about the goal you are working toward, it makes your experience even more rewarding.
- 2. Be prepared to work hard. Learning, serving, and growing are not always easy, but they're always rewarding. Be prepared to put in some effort.
- Be open to new experiences. Each Harvest of Hope trip is designed to create a safe space where discussion and learning about different cultures and perspectives can occur.
- 4. Reflect on your experiences. Personal growth is about more than just doing good deeds. Be open to sharing and reflecting what you have learned.
- 5. Do your research. To learn more, see the trip schedule, and what you can expect, scan this QR code or go to our website: EndHunger.org/hoh





#### **Recent Individual Donations**

These names represent gifts made "In Memory Of" and "In Honor Of" special people and/or significant occasions. As loved ones are honored or remembered these gifts bring people together to harvest and share healthy food, reduce food waste, and build caring communities by offering nourishment to hungry neighbors. Thank you.

In	M	emory	Of
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Cecelia Walton Anderson

Donnie Baker
Virginia Barger
Mrs. Anne Barr
Andrew R. Benjamin
Leonard Benson
Carl A. Breitinger
Caroline Brown

Adelaide McClanahan Brown

Thomas L. Bryant Victor Catron

Jack & Dorothy Christie

Jane Coleman Christina Corrodo Bud Curtis

Elinor Dalton
John Davis
Tom Devore

Carol Dommissee
Ray Echalk
Laura Edwards
Kevin English
Lanny Epperson
William Fox
David Fox
R. Sam Gentz
Marion Gillam

Marion Gillam Carlos D Harrison Mary Clyde Hart Linda Hewitt Christi Allen Hill Teresa Hipp

Elmira Holcey
Pat and Tommy Inge
Wayne Ingram

Betty Gwyn Watson Ipock

Jenny

Donna Johnson

Mrs. Odis Ernestine Jones

Patti Kay Dr. Elton King Mike King Helene Klosner John Kelly Lawless

Jodi Lee Todd Lemmon Zoey Bryan Lonnes Jean Makoujy Robert Mason

Pat McKay

Patricia McMillen Howard Miller Anne Minnick

Barbara Mohrbacher Brittany Dee Moore Raeford & Eupha Mullis

Marion and Marjorie Newman

Brian Nunn Loretta Nunn

David Wayne Oglesby

Larry Powell Shippy Reed Jo Richardson John Ros

Mr. George Rucker Sr.

Dorothy and Bill Schminkey

Cleo Short Nenita Sian

P.C. & Erma Tankersley

Hubert Taylor Warren D. Tudor Cosme Villarreal

Capt. Raymond A Vohden

Lottie Nash Wade Bud Westerhouse J. Glenn Wilson

#### In Honor Of

Matt Alford

All Of the Senior High Summer Gleaners Over the Years! Great Group Of Youth!

Sofia Altherr

Mr. & Mrs. Phil Armentrout Baltimore-Washington Conference UMM

Alan Bancroft
Dawn Barnes
Kailyn Bear
Mary F. Beardall
Franco Benedict
Mike Benedict

Bethany/Sardis UMC Members

Neal Blount

Wayne Blyth and Cheryl Cobb

Blythe

Rev. Philip Booknight Marianna Boska

Rebecca Brockman

Bryan, Mercedes, Riley, Angie,

Shane and Katie

Wayne & Barbara Burgess

Dawn Burke

Mr. & Mrs. Bob Burkett

Calvary Villa Park Illinois UMC

Judith Clark Corrigan Family

Crossroads District UMM

Thelma Crowder Charles Cushwa Mr. Drew Davis Wesley Delaughter

Kim Dills

Frank and Bertha Earnest Faith UMC-Schenectady

Malcolm Ferguson
Mark Ferguson
Andrew Frank
Carla & Bob Frisch
Rhona and Dave Fritsch
Mr. & Mrs. G.F. Gainey

Maria Gandy Mike & JM Gallier Lewis Gardner Keil Green

Martha Ann Gregory Julia Gresham

Greta's Birthday

Gary and Vicky Guenther Rev. Doug Gunsalus

Cathy and Mike Harris

Mollie and Marshall Guthrie

Rev. Jim Harris

Stephen and Susan Hassmer

Darrell Hensley

Peggy and Michael Hicks

Louanne Hill

Dennis and Karin Hockman The Hoff Road Poetry Girls

Adrienne Holloway-Standridge

Ken Horne

Pat & C.W. Houghton Cathy Hughes

Megan Hulgan

Margaret and Jack Jones

Kandis Dr. John Kay Marion Krentz Elaine Kroner Kathy Kuelz

Charles and Anne Langley
The Baird Lewis Family

Nancy Lex

Leslie Lowe-Weiss Izumil Maddy

Rev. Dr Tim and Rev. Marla

Bauler

Dave and Sally Maxwell
Paula McCutcheon
Anna Lou Planck McNeill
Laura & Britt McNeill
Warren F. Miller
Claudia Minge

Miss Alabama Volunteer

Program

Mom

Charles and Janet Moses

Lucinda Neff Merwyn Nelson

Craig and Melissa Newman

Northwoods United Women In

Faith
Joyce Osburn
Pastor Rusty
Barbara Pequet

Robert and Dorothy Pigott

Sue Plummer Stella Pool Rita Poranski

Jack & Peggy Putnam

Sarah Ramey Jack Ramsdell Carole Reynolds Greg Rhoads

Uncle Todd Richards Brenda Robinson

John Robinson

Ron & Judy Roseveare Mary Elizabeth Rountrey

Roxy's Birthday Dorothy Russell Ron Sandmeyer

### THANK YOU TO THE FOLLOWING FOUNDATIONS & CORPORATIONS

that donated \$1,000+ in the 1st quarter of 2023

These foundations and corporations recently made contributions to the Society of St. Andrew as a part of their organizational alignment with SoSA's mission. Their funds were invested in local communities with high levels of hunger and food insecurity which provided fresh food to local families, at no cost to them.

Alabama Civil Justice Foundation	Montgomery, AL
Blue River Community Foundation, Inc	Shelbyville, IN
Canfield Memorial Trust	Indianapolis, IN
Central Alabama Community Foundation	Montgomery, AL
Community Foundation for a Greater Richmond	Richmond, VA
Community Foundation of Greater Huntsville	Huntsville, AL
Community Foundation of Northwest Mississippi	Hernando, MS
CP and MG Lunsford Charitable Trust	Las Vegas, NV
Fidelity Charitable Gifts	Cincinnati, OH
Give Lively Foundation	New York, NY
Greater Lynchburg Community Foundation	Lynchburg, VA
Honda CSR Foundation	Torrance, CA
Lawrence Livermore National Laboratory	Livermore, CA
Network For Good	Bethesda, MD
Nutrien	Calgary,AB,CANADA
Schwab Charitable	San Francisco, CA
Selby & Richard McRae Foundation	Jackson, MS
Shoemaker Homes	Ridgeland, MS
The American Online Giving Foundation	Newark, DE
The Kroger Company	Cincinnati, OH

Mary Scheaef Myrah Scott Sharp Memorial UMC Staff Thomas E. Short Jean Siers Susan Sineath Mike Smith, Concord UMC Jim Smith Kathy Spradlin Kelly Stainer Amy Stratton Bill & Diane Stratton Kat Stratton Joy Tanner & Will Baker The United Methodist Prospect Charge, Prince Edward, VA Wayne Tysinger

Dick Unkenholz Patricia Unkenholz

Drew Vane

Willie and Hattie Vanhook The VanHorne Family The VAUMC Cabinet Mrs. Tommit Wasson Peter D. Weaver Julia Webb-Bowden Bob Webster **Howard Webster** Jim Webster George Wells Sam Whitmeyer-Weathers Jan Wilcox Diane Wilson Ms. Norma Kay Wilson Rev. Rick Woodall Woodford Memorial UMC Charles "Sandy" Young



### **Share Our Surplus**

#### TURN YOUR GARDEN INTO HOMEGROWN FOOD FOR YOUR COMMUNITY.

Do you find you grow more produce in your garden than you can eat? Is the fruit on your trees ripening and falling before you can even collect it all?

Give us a call! SoSA gathers surplus fruits and vegetables from home gardens and orchards too. This reduces food waste, helps growers keep a clean yard, and feeds hungry members of our community.

Take action now-reach out to learn how it works!

**EndHunger.org/sos** 



# Orchard for VBS!

where faith grows

and hungry people

are fed

Year 1: Old Testament Year 2: New Testament

Abundance

Learn more and order your VBS program at: EndHunger.org/vbs

Start planning now for your church's summer Vacation Bible School.

Both programs offer a FREE complete hunger action-themed VBS, a 2-3 hour program for up to 5 days.

### **Volunteer Spotlight**

# The Power of Consistency

hree SoSA volunteers came together and have served as faithful leaders in the mission to prevent food waste and end hunger for many years now.

Together, they have rescued staggering quantities of good food and built a sustainable community in the Western North Carolina region.



Herbert, standing center, and his two steadfast friends (who are also SoSA volunteers, built relationships, rescued food, and raised awareness of the mission—by showing up time and time again.

Herbert, their honorary captain, signed up first as a stand-in for a previous volunteer whose health forced him to step back. Since then, his involvement has grown and his commitment to the cause has built a positive reputation among his fellow volunteers and with the market donors.

Each participated—volunteered or donated their food—as a way to prevent the tragedy of food waste from occuring while local families struggled with access to good food. Over time, things expanded! Systems were created and friendships formed.

"I find joy in helping. Now that I've started, I believe I'm hooked on that good feeling I get from helping others."

- Herbert

The food donors now know they can rely on Herbert and his team of SoSA volunteers. Whether once a month in the winter, or three times weekly in summer, they know

when Herbert and his team will show up and put their surplus good food to good use.

If you ask any of the volunteers, they will tell you what they do goes beyond preventing food waste.

They raise awareness of local needs and ensure all food donations reach the end recipients. As a collective team—both farmers and volunteers—agree to share the best food available.

Families struggling with access to good food receive food because it's good to eat, not just because it's available.

"In the beginning some [farmers] were wary of trusting us with their food they worked hard to grow.
But each time we showed up and did what we said, we built trust."

- Herbert

To reach the most individuals and families in need, the food is delivered to two local non-profit organizations that address veterans' needs, hunger, homelessness, and access to health care for the under-served in a 16-county area.



A 30-Day, Fundraising Challenge that raises \$806 when your team works together to help feed people in need

Take the challenge!
Encourage your class,
faith community, group,
organization, or business
to adopt a bushel of
fruits and vegetables to
support the gleaning
and feeding work of the
Society of St. Andrew.

Learn More: EndHunger.org/abfn

THE SOCIETY OF ST. ANDREW IS A NATIONAL 501(c)(3) TAX EXEMPT, NONPROFIT ORGANIZATION.

For information about SoSA programs call 800-333-4597 • <u>info@EndHunger.org</u> • <u>EndHunger.org</u> | <u>EndHunger.org</u> |











