Walk Humbly

Join the Society of St. Andrew (SoSA) in feeding our hungry brothers and sisters as you feed your spirit during the Lenten season with Walk Humbly. This devotional booklet contains daily scripture readings, reflections, and prayers written for SoSA by people of faith, laypersons, missionaries, and pastors across the United States and beyond. Set aside a few minutes each day from Ash Wednesday (February 17) to Easter (April 4) as a spiritual discipline, to focus throughout Lent on your own season of life with Walk Humbly.

This would be a perfect time, as part of your Lenten spiritual discipline, to commit to making a financial contribution to SoSA. Perhaps you will consider $1 a day, or your pocket change every day at day’s end. You might give an amount equivalent to what you spend for fresh fruits and vegetables each week or a few cents per meal. Some families even choose to tithe their food budget throughout the season. Your gift, in any amount, will provide a healthy meal to hungry people at a cost of just over 15¢ per meal.

Promote Society of St. Andrew’s Lenten Devotions and Giving Program in Your Congregation

Order one booklet for each participating household. Paper-saving alternatives include daily e-devotions (emailed devotions) and e-books, available at EndHunger.org/Lent.

Request free coin banks for each household, if you wish to use them. (By ordering only the quantity of materials you need, you will help keep SoSA’s overhead low and ensure that your congregation’s gifts go directly to putting nutritious food on the tables of those who need it most!)

Use the bulletin insert sheet and weekly announcements (enclosed) to keep the Devotions and Giving Program in front of your congregation throughout the weeks of Lent.

Use the pew envelopes, inserted with each bulletin (enclosed) to allow your congregation to put their donation to the Society of St. Andrew in the envelope and put it in the offering plate. Your church could then send those checks and envelopes to SoSA.

Put a “stamp of approval” on the program by seeking the support of your pastor, missions committee, and church board. Encourage your pastor to participate personally and to be “front and center” recommending the program to the congregation.

Receive gifts generated through SoSA’s Lenten Devotions and Giving Program on Maundy Thursday, Easter Sunday, or the Sunday following Easter. Send a single check for the total amount contributed, made out to Society of St. Andrew, to the address below, noting “Lenten offerings” on the memo line.

Good Friday Fast

Many congregations, house churches, and small groups wish to add an additional spiritual discipline during Holy Week by participating in a Good Friday Fast. Online only this year, SoSA makes available a booklet of reflections and prayers to accompany a 24-48 hour period of purposeful abstention from food between Maundy Thursday and Easter Sunday.

The physical hunger participants experience during their fast is a powerful reminder of the 40 million Americans and nearly 1 billion people throughout the world who live with hunger daily. Download your copy of the Good Friday Fast booklet online at endhunger.org

Society of St. Andrew
GLEANING AMERICA’S FIELDS ~ FEEDING AMERICA’S HUNGRY
National Office: 3383 Sweet Hollow Road • Big Island, VA 24526 • 800-333-4597 • endhunger.org
Ash Wednesday, February 17. The ashes placed on our foreheads this day remind us that our lives are brief, and that all we are and all we have come from God, our Creator. Begin your Lenten time of daily reading, reflection, prayer, and giving today by using Walk Humbly, the devotional booklet prepared for you by the Society of St. Andrew, a nationwide ministry focused on feeding spiritual and physical hungers.

Sunday, February 21. Today’s culture is diverse for sure! Sharing the good news can be difficult at times. In today’s devotional Biking Humbly, you will see that all of us can find a ways to share the good news and serve others. Continue your Lenten time of daily reading, reflection, prayer, and giving, using Walk Humbly, the devotional booklet prepared for your use by the Society of St. Andrew.

Sunday, February 28. In Walk Humbly, our Lenten devotional booklet from Society of St. Andrew, today’s writer of Closer to God talks about life’s humiliations and how to heal. It is a humiliation in this country for families and children to be hungry and thirsty! Your care for them, through a donation of any amount to the Society of St. Andrew, helps fill those broken hearts with hope, and a nutritious meal.

Sunday, March 7. In Walk Humbly today’s devotion, In the Face of Such Need, describes the feeling of helplessness we feel when we come face to face with overwhelming circumstances. The Society of St. Andrew, challenges us to remember our desperate 40 million children and adults here in the United States who suffer from hunger, and struggle to put enough food on the table each day. Does your daily spiritual focus this season include giving? Every $3.00 you set aside for Society of St. Andrew will put 20 meals of healthy food on the plates of those who need it most, giving both you and them a blessing!

Sunday, March 14. Today’s devotional writer in Society of St. Andrew’s Lenten devotional, Walk Humbly, writes Losing and Winning, an important life lesson a young daughter taught her mother. Consider helping someone succeed today by giving to the Society of St. Andrew, a nationwide ministry focused on caring for actual physical hunger. Every $3 provides 20 meals of nutritious, fresh food for the hungry!

Sunday, March 21. We all have painful experiences in life that we’d rather forget! Today’s devotional writer in Walk Humbly recalls a painful experience in her past and what it taught her in Judge Not. You can help take away the painful experience of hunger by feeding hungry brothers, sisters and children with your donations to the Society of St. Andrew. During your devotional time this week, ask God to remind us to not grow weary in doing what is right – helping brothers and sisters in the United States and around the world have enough to eat.

Palm Sunday, March 28. Today’s devotion is titled A Lesson in Humility. As you read and pray through this week’s devotions in Walk Humbly, think about acts of justice, mercy and humility in your life personally. Know that you are a part of the just, merciful and humble family of Society of St. Andrew. Your support shows mercy to hungry families, men, women and children, who suffer food insecurity day after day! Remember those families for whom hunger issues are not yet resolved, but still a daily reality. Your gifts to the Society of St. Andrew will help fight their battle with hunger.

Easter Sunday, April 4. Jesus in Alive! The Lord is Risen! Today’s devotion in Walk Humbly is simply titled Risk. The author asks: “Where is God calling you to risk? Where are you really being put on the line? Jesus did it for us on the cross, and the rewards were our redemption and resurrection.” Will you take a risk today and provide food to people in need by your generous donations to the Society of St. Andrew? Please make an Easter feast, as well as daily healthy food, possible for our hungry brothers and sisters in Christ! Happy Easter!
**Walk Humbly**

**Litany of Dedication**

*Use on Maundy Thursday (April 1), Easter (April 4), or the date designated by your church to receive gifts made by members or friends of the congregation through “Walk Humbly” Lenten devotions and giving program of the Society of St. Andrew.*

Leader: Lamb of God, who takes away the sins of the world, the past is gone, and new life is ours through your grace and mercy. Accept these gifts we bring to share life and hope and food with your hungry children.

People: **We thank you for the good gifts that you have given us to share with all people.**

Leader: We pray for those who struggle to make ends meet, for those who wonder where their next meal is coming from, and for every young child who does not have enough to eat.

People: **Lord, hear our prayer. Guide our congregation to care for those in need.**

Leader: We pray for those whose spirits are hungry this day, for those who feel far from you, and for those who do not know your love.

People: **Lord, hear our prayer. Feed our spirits, and help us share your love with others.**

All: **God of abundant love and infinite mercy, hear our prayer. Multiply our gifts to feed those hungry for food and those hungry for you. Help us share your joy and love in this broken, hurting, and fearful world. In the name of Jesus, our Risen Savior, we pray. Amen.**