



Society of St. Andrew
GLEANNING AMERICA'S FIELDS
FEEDING AMERICA'S HUNGRY

September 2026

Hunger Action Month Calendar

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MON

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WED

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FRI

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Use this to guide your group in a daily scripture reading and activity. Your donations and actions help nourish people in greatest need throughout the US.

1 Psalm 104:14
What is growing in your yard and neighborhood? Take a walk just to notice.

2 Luke 6:21
Pray for the school children in your community who may not have enough to eat at home.

3 Luke 14:13
Is there a shelter, community meal, pantry, or school program that could use your support as a volunteer this month?

4 Isaiah 58:10
Donate your loose change today, and talk with leaders in your congregation about an offering to benefit SoSA.

5 Psalm 145:15
Learn which fruits and vegetables are grown in the county where you live or nearby counties.

6 Deuteronomy 8:3
Let the words of scripture and songs of the church nourish your spirit today.

7 1 John 3:17
Many essential jobs are underpaid. Be generous when tipping for service at hotels, restaurants, or hair salons.

8 Matthew 6:11
Reduce the food waste in your household this week. Keep an eye on leftovers and plan a meal when you will eat them.

9 Hebrews 13:16
Food insecurity is a growing problem among college students. Make a donation to a campus food pantry.

10 Genesis 3:16
Few Americans eat enough servings of nutritious fruits and vegetables. Enjoy them today.

11 James 2:15-16
Food pantries and emergency shelters often need food and infant formula. Make a special donation of these items.

12 Proverbs 25:21
If you are a baker, prayerfully bake today, praying for the enemies who harm the poor.

13 John 6:35
Expect to be fed in worship today.

14 Matthew 6:31
If possible, feature fresh foods from local farms in your meal this week.

15 Galatians 6:2
Find out which items your local pantry needs most. It could be food, or diapers, or toiletries.

16 Luke 3:11
Let each person in your family choose something unopened from the cupboard to share with someone.

17 Ezekiel 18:7
Make a trip to the grocery store just to purchase items for a local food pantry.

18 Exodus 16:12
Contribute 50 cents for every package of meat in your refrigerator and freezer. Contribute 25 cents for every loaf of bread or box of crackers.

19 Proverbs 22:9
SoSA volunteers glean berries and fruits from public lands. Discover the wild edibles, orchards, or perennial edibles in your area.

20 Matthew 25:35
Take time to imagine Christ receiving a backpack of food for the weekend, choosing food at a pantry, and receiving a hot meal in the shelter.

21 Psalm 34:10
Instead of dining out this week, plan and prepare nutritious meals at home. Donate the savings to SoSA.

22 Acts 2:46
Arrive with gladness at your meal times.

23 Amos 5:24
Hunger is a systemic issue. Take 10 minutes today to read an article or watch a short video about the root causes of food insecurity.

24 Matthew 5:6
Write a note of thanks to bless your local shelter or pantry workers who serve the poor. Snail mail, email, FB comment, or phone call.

25 Romans 12:20
Find opportunities to practice patience and forgiveness through food rescue, showing that all are welcome at the table. Make a donation to SoSA.

26 Psalm 107:9
Pray for parents in your community who sometimes skip meals to feed their children.

27 Joel 2:26
Slow down and enjoy your meals today. Give thanks, chew slowly, enjoy some conversation, and be satisfied.

28 Proverbs 22:22
Donate items to a pantry to help families celebrate upcoming holidays: canned yams, cranberry sauce, stuffing mix, pumpkin pie mix, etc.

29 Luke 6:9
Does your community have a farmers market that could be gleaned to feed hungry neighbors? Explore the idea with SoSA. Contact: ops@endhunger.org

30 Deuteronomy 15:11
Make a donation to SoSA today. Consider a sustaining monthly gift through the Twelve Baskets program.

Learn more at
EndHunger.org/hunger-action-month